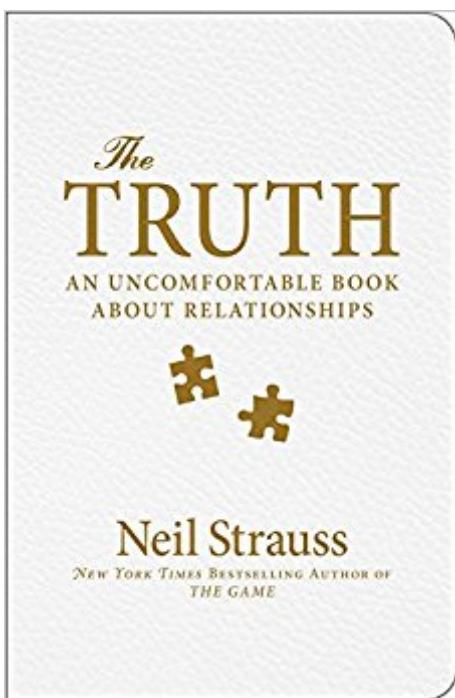


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# The Truth: An Uncomfortable Book About Relationships



## Synopsis

This is not a journey that was undertaken for journalistic purposes. It is a painfully honest account of a life crisis that was forced on me by my own behavior and its consequences."As such, it requires sharing a lot of things I'm not proud ofâ€¢ and a few things I feel like I should regret a whole lot more than I actually do. Because, unfortunately, I am not the hero in this tale. I am the villain."So begins Neil Strauss's long-awaited follow-up to *The Game*, the funny and slyly instructive work of immersive journalism that jump-started the international "seduction community" and made Strauss a household nameâ€¢ revered or notoriousâ€¢ among single men and women alike.In *The Truth*, Strauss takes on his greatest challenge yet: Relationships. And in this wild and highly entertaining ride, he explores the questions that men and women are asking themselves every day: Is it natural to be faithful to one person for life? Do alternatives to monogamy lead to better relationships and greater happiness? What draws us to the partners we choose? Can we keep passion and romance from fading over time?His quest for answers takes him from Viagra-laden free-love orgies to sex addiction clinics, from cutting-edge science labs to modern-day harems, and, most terrifying of all, to his own mother.What he discovered changed everything he knew about love, sex, relationships, and, ultimately, himself.Searingly honest and compulsively readable, *The Truth* just may have the same effect on you.If *The Game* taught you how to meet members of the opposite sex, *The Truth* will teach you how to keep them.

## Book Information

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## Customer Reviews

â€¢The guy who wrote *The Game* and lived *The Game* searches for love and learns that

it's way, way harder. And funnier. (Joel Stein, *Time* magazine) "A brutally honest and emotionally exhaustive account of his search for sexual freedom...Yes, there are orgies and swinger parties, but there are also far more intense discussions about the meaning of intimacy and the underlying causes of sexual behavior." (Booklist) "Strauss charms us with confessions of his screwed-up childhood and the many idiotic beliefs and mistakes that have plagued him, then upsells us on the notion that we can be masters of the universe-and he can teach us how. Color me seduced." (Laura Miller, *Slate*) "The Truth is fantastic...In the course of exorcising his pickup artist demons, Strauss learns and exposes the barriers to intimacy that so many of us are carrying around. If you've struggled with monogamy, or loved someone who has, this book is revelatory." (Chicago Tribune) "The epiphanies revealed are simultaneously incredibly obvious and richly profound... I want you to read this book. I want your partners to read this book. More than that, I want you to think critically about what it says about you and the world around you and your romantic relationships." (Grantland)

Neil Strauss is the author of the New York Times bestsellers *The Game*, *Rules of the Game*, *Emergency*, and *Everyone Loves You When You're Dead*. He is also the co-author of three other New York Times bestsellers - Jenna Jameson's *How to Make Love Like a Porn Star*, Miley Cyrus's *The Dirt* and Marilyn Manson's *The Long Hard Road out of Hell*. A writer for *Rolling Stone*, Strauss lives in Los Angeles.

This is an easy 5 stars. I've always been impressed by Neil Strauss and his brilliant observations on the lives of others. But in this book, he goes deep within himself to discover the answer to a question that so many guys face when committing to a long term relationship, "is monogamy natural?" What he discovers is so much deeper than I had anticipated. It was something unresolved rooted in his childhood that festered into his adulthood. This book isn't only an exploration of alternative relationships sometimes considered "taboo." No. It's so much more than that. It's a journalistic view into the field of modern psychology. More specifically, a view into addiction therapy that stretches far beyond the 12 step program. Who better to act as a tour guide through the world of psychotherapy and alternative relationships than the man who brought us *The Game*? He dives headfirst into places most are afraid to swim. He then reports to the rest of us what he sees. There's few self-improvement writers that are as sincere and genuine as Strauss. And not to mention smart. At top of it all, this book is also a love story about a man and woman so damaged by their past that lose what they valued the most: each other. Through a painful, but enlightening string of

events, they find themselves outside of their damaged relationship. But is it too late for them to ever trust and love each other again? Read the The Truth and find out for yourself. You'll be glad you did!

I couldn't put this book down. It was an incredible read into an authentic journey of the author and, not unlikely, other men who are not as eloquent in being able to express what Neil has shared. I highly recommend reading it once, if not twice. It's not a self-help book with the right or wrong things to do - rather it leaves the reader making his/her own choice on how to evaluate his/her own beliefs and choices - just as Neil did with the varied paths to revelation that he did.

I loved the cadence of this book, a lot of books similar tend to drag and drag with no real arc. Neil absolutely hits the nail on the head about past trauma affecting adulthood. I have learned a lot and would recommend this to anyone who wants to be a better person in their relationship but just can't figure out how to change.

4 1/2 star interesting book. Very thought provoking. One minute your thing wow that's my problem and the next your like wow not so much but this guy is very intuitive. Good read.

Life is not a problem to be solved, it is a journey to be enjoyed. I have vicariously enjoyed Neil's journey as he documents it in his books. I am happy for him that he has found his truth and grateful for this amazing book that has given me greater insight into my life and relationships. A must read for any type of person.

I wish there was a 4.5 rating . Most of this book is excellent. Filled with great insight and well written. Some of the sexual parts come off as gratuitous and don't really advance the story. I will be recommending this book to friends. I think it's an awesome look into the male relationship mind.

A book everyone should read before entering a serious relationship....Wish this book was published 35+ years ago!

Amazing book. Highly recommended. I do not read books to the end and it feels good that I learned something about myself, I can finish a book, all it takes is an interest in the subject matter.

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